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eCareerChat- February 2006

Greetings!

February is the month for many occasions. Groundhog Day was Feb. 2nd. Go Red for the Heart Association was the 3rd. Check out [www.goredforwomen.org](http://www.goredforwomen.org). We also have Washington & Lincolns' birthdays-now known as Presidents Day. And of course, Valentine's Day!

Before I was an "old married lady, (12 years in August!) I dreaded Valentine's Day. So, I vowed to spend the day pampering me! It's so important to love and be kind... be good to yourself. From this, all else flows.

One of my clients brought this back to me-"I'm giving myself the gift of focusing on me, my transitions, my dreams..." How powerful & wonderful! "What better way than having " a coach in your corner"?

Made me smile-that's a direct quote from my web site! I take pride in writing personally for each client! She gave me a marvelous gift! And now, here are gifts for you- to pamper yourself with great info that'll lead you where you dream you could be!

I'm using all these myself or I wouldn't recommend them!

Robert Middleton's Action Plan Marketing-great, motivational plan to move you forward! Check it out! <http://www.actionplan.com/>

I teach teleclasses & take many. Super place to gain free information-Sign up as a student or take the Teleleader Training & get certified and teach-that's how I got started & now do fee-paid classes, too!  
<http://www.courseregistrationsystems.com/tci/teleleader/training.html?aid=130>

For those of you already doing workshops/teleclasses  
[www.freeconferencecalls.com](http://www.freeconferencecalls.com)  
It's free bridge lines & recording!

Cool association for Coaching-they host a Telesummit-learned lots already!  
<http://www.profcs.com/app/aftrack.asp?afid=340544>

On Purpose-5 and counting meetings all over Maryland! On Purpose Networking for cool women-building relationships, build wealth, ideas in a supportive, warm environment! Yep-I'm a member- excellent magazine, On Purpose Woman-see my ad each issue!

[www.onpurposenow.com](http://www.onpurposenow.com)

Check out my new web site-Tell your friends to,sign up for FREE e-newsletter & get free stuff-stay tuned-working on giving my loyal subscribers-that's YOU!

Free stuff, too!

[www.ecareercorner.com](http://www.ecareercorner.com)

and my blog-please post comments. <http://eCareerChat.blogspot.com>

Check out Dotsie Bregel's [www.boomerwomenspeak.com](http://www.boomerwomenspeak.com) and link to National Association-NABBW. There are great articles by leading experts on this very important subject, can you tell I'm a boomer & a member!?

January was New Year's Resolution time! If you're like me and 67% of the 80% who make resolutions, many aren't happening! Just look at the gyms by March-all those who vowed to exercise more-have dwindled to not several actually, less than half!

Quitting smoking, losing weight and finding a better job/career have about the same success rates! Doing it on your own is often frustrating & overwhelming!

If you've made any of these, use me as a Resource! Sure, I can definitely help with following a foolproof system to land a better job or career or build your business...but I have a large network and can recommend excellent folks for those other areas-most of which, I've used!

So, take care, love yourself & Happy Valentine's Day!

Alafia!

Marcia!

P.S. I am committed to helping you with these concerns.

I am offering a 2 for 1 discount off my coaching packages through March 1, 2006!

If you'd prefer not to receive this-just hit Reply and I'll take you off the list!

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Make it a GREAT day!

Stop by my booth at the [www.WomensExpomd.com](http://www.WomensExpomd.com) March 11 & 12, 2006-10am-5pm and say hi. Sign up for FREE e-newsletter or FREE raffle! Any student or those working for a college FREE with ID. \$6.00 admission plus chance at great door prizes. Not just for women, men are invited, too!

I help career women find meaningful work!

Take care  
Marcia  
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[www.ecareercorner.com](http://www.ecareercorner.com) -Sign up for FREE e-zine & Free downloadable Career-related-e-books!!

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I coach mostly by phone & email, so I'm Nationwide & International! Special Arrangements-for face to face appts., if local!  
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