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eCareerCorner.com

Publisher - Marcia Merrill

**February 2008 Issue of Transition Chick's Chat -
Beating the February Blah's**

Thank you to my new 12 subscribers & as always, BIG thanks to my "veteran" ones! Your support & encouragement means so much!

I'd love your feedback on this newsletter!

1. What do you like?
2. What topics do you want to see?
3. How can I support you?
4. How can I get my message "out there" more?
5. How long do you think is a good length for an ezine?

*All who send their answers to me at Marcia@ecareercorner.com will be entered in a raffle to receive a "Unique You" FR*EE coaching assessment! (\$100 value)

February is a tough month! Not just because of the big V-Day - I'm getting an Edible Arrangement (fruit bouquet, not a flower one!) from owner Cathy Schneider. Her store, Edible Arrangements in Catonsville, delivers anywhere! Contact her by emailing her at Edible Arrangements, md411@ediblearrangements.com or call 410-788-5000 for more info, but I digress. It's a tough month because many beat themselves up, get discouraged that their New Year's resolutions are not as exciting to accomplish as when they were first made. My gym was packed in early January. Now, many who vowed to lose 30 pounds (or however much) are wallowing in self-disgust, self-recriminations at their slow progress & that can lead to anger at others or themselves. Anger turned inward is Depression.

Same with my **Career/Life Transitions Coaching Groups**. September & January are the New Year months! (Back to school sort of feels like a new year to some). My Leap Into Your Life With Passion & Purpose™ - Hire Yourself/Get Hired Now! Teleseries groups were filled for these 2 months, so this clearly shows that people tend to want to start new ventures during this time.

February. not so much! But, every day is a new day. You can renew your excitement & achieve those goals/dreams!

So, I have decided to add some BONUSSES for the month of February! Remember: All these classes are taken in the comfort of your own home/office! No parking/traffic hassles! SAVE Gas!!!

My Teleseries Early Bird Special Discount is \$327 - **deadline Feb.15th Midnight!** Save \$70 as the regular price is \$397 + the 3 BONUSSES

(Value \$\$550+)

You get 7 hours instruction in how to get most out of the program + group coaching to keep you on track & in action! But, In addition, BONUS #1 - you get an online assessment & professional individual coaching & interpretation of the results (this alone would be a \$250 + value) you get it for FR*EE! Check out the 2 other BONUSSES I'm offering as well! [Click here](#) for more info & to register!

Maggie is one of my February individual 90-day coaching clients. Our focus is starting her business as a solo-entrepreneur, like me! We devised an Action Plan & steps needed to reach her goal! She set up steps for each session with me as her partner in her success plan and she's right on track! She has an appointment with a lawyer to decide which type of company she needs - LLC, Sole Proprietorship etc., & now has an Employer ID! She sets weekly intentions, commits to completing 3-5 things & at the beginning of each session, I hold her accountable. Did she do what she said she would? We celebrate her WINS! But, we also talk about what she didn't do or hoped to do, or procrastinated from doing? What/who got in the way? Was that a real reason or a rationalization? Then, we set new intentions & she commits for next time! No resolutions to worry over - just joy of beginning where you are & knowing the past doesn't predict the future! As a coach, I inspire, motivate & effect positive change!

I'm looking forward to her next steps on road to success! (I'll keep you posted! Stay tuned!)

In my January ezine, I talked about New Year's resolutions (the full issue is archived at www.eCareerCorner.com in Newsletters section), but I am going to reprint my New Year Manifesto again! Here they are:

- Appreciate where you are - right here, right now. Goals/Dreams give us something to strive for, but don't forget to be PRESENT now! I always have my coaching clients keep a Gratitude journal, focusing on what they're grateful for IN THE PRESENT, to keep anchored in the NOW.
- I am very grateful for all of you! So, you deserve to always know when to look for me! **This newsletter will be sent 2nd Wed.** - that's my New Years plan!! Thanks for helping me stay on track! Here's more -
- Connecting with others, building relationships nurtures our very soul. If you owe an email/phone call/visit to an old friend, take the time & renew that relationship. I did & the rewards are worth any embarrassment!
- "Don't sweat the small stuff." Okay, not mine, but he said it best. Those little things that bug us - life's annoyances such as waiting in line (bring a book!), traffic (listen to a fav song or CD). My pet peeve is rude, pushy shoppers. I try to remember they've let some "small stuff" ruin their day but Not I!
- All work & no play - just remember Balance. If you are an entrepreneur, take

time for you. Carve out an hour, ½ day, full day and pamper yourself. Read a novel, do your nails or get a manicure. Take a walk! Breathe! You'll be more productive & healthier, too!

The same applies if you're working for someone else as well. Your evenings can be time for family, but, build in "Me-time", too.

Before I end, gotta share this. I recently was the victim of Identity Theft. My credit card information was stolen online - my mistake! Beware of online scams!

Most everyone uses computers. Figured I'd just make sure my friends knew about phishing!

Taken from PayPal, with my tweaks!

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What is a phishing email?

Phishing emails attempt to steal your identity and will often ask you to reveal your password or other personal or financial information. Paypal (and any others - banks, credit cards, Social Sec. Voters Req.) will never ask for your password information over the phone or in an email and will always address you by your first and last name.

Take their phishing challenge at <https://www.paypal.com/fightphishing> to learn 5 things you should know about phishing. You'll also see what they're doing to help fight fraud everyday. Plus always shred anything with personal/account info on it!

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Are you ready to join me as we Leap **Into Life With Passion & Purpose™** in 2008?
Are you still searching for that right job or is your career in a 'holding' pattern?

Want to balance your career/life goals and be more successful?

Kids gone, and now you are an "empty nester?"

Do you want to create your own life, set your own rules?

I'm **Marcia Merrill**, a Career & Life Transitions Coach, known as **'The Transition Chick!'**, and have I got an exciting Leap Year opportunity for you!

Join me for my 2008 **Leap Into Your Life With Passion and Purpose©** Teleseries which is going to **start Tuesday, February 26, 2008, 7 pm (EST)**, and will run for 6 consecutive Tuesdays at 7pm EST. There are only **seven (7)** available spots (2 are already taken!) for this powerful program that **helps you find your passion** in your life AND your career/business!

[Click here](#) for more info & see **BONUSES & Early Bird discount!**

I offer a 100% GUARANTEE-if you follow the program & give it 100% effort, you will be well on your way to achieving your goals/dreams! If you truly followed the system & are not 100% satisfied with the results, you get my 3 - 1 hour/each individual coaching sessions (a\$650 value) for FR*EE! I'm

committed to your success! What have you got to lose? This is a "no-brainer!"

Wait, there's more! If you **register by Feb 10th midnight**, you also get:

BONUS #1 - an online assessment & individual professional interpretation by me, a Behavioral Specialist in the DISC assessment-know your strengths & weaknesses, get more clarity on where you want to go! (\$250+ value for FR*EE)

BONUS #2 - personalized marketing materials review/critique (resume, business materials) (\$100-300 value for FR*EE)

BONUS #3 - easy to use, text format 'cookbook' formula for my "Get Hired Now!"™ program (\$17.95 value for FR*EE)

Okay - how much does this cost you ask?

Regular cost is \$397 but I'm offering an Early Bird Special and **this price will never be so low again!**

Book by Feb. 10thmidnight and pay only \$327! That's a savings of \$70!! Plus, if you sign up a friend, you get an additional hour of private coaching! (\$300 value) absolutely FR*EE!

Sign up today to be on the exclusive list of when the Teleseries is starting before this is announced to the general public!! Visit www.eCareerCorner.com/transitions/gethired.htm to sign up today!

Feel free to contact me if you have any questions at Marcia@eCareerCorner.com

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The Transition Chick's "Picks of the Month"

I personally have used & recommend each of them!

NEW BOOK READS:

The 4 Hour Work Week by Tim Ferriss

Online Marketing Mitch Meyerson

Booked Solid by Michael Port

The Product Factory - This is THE program that helped me create ebooks, my

Teleseries, the teleclasses I teach. Taught me tons about online & offline Marketing. In 3 months, with 24/7 support, an online forum, a team community, it made a huge difference in my business! [Check it out! Click here.](#)

Womens Expo - March 8th & 9th-See me, stop by-I'm talking sometime-full schedule & more info www.womensexpomd.com The premier event in Maryland showcasing women business owners, like me!

Lou Bortone - The Online Branding Guy! Expert in video, audio, copywriting/ghostwriting & we met in Product Factory & continue to support each other & master mind together with others from that team!!

WomensCommunity.com - Online Virtual community for women in transition, in business or career changer I teach as Chief Faculty for the Power Partnership University. Opportunities for membership-access to discounts, FR*E resources, teleclasses that non-members pay for! [Check it out!](#)

On Purpose Networking for Women-an amazing group of women meeting in 4 locations in MD www.onpurposenow.com

NABBW.com - **National Association of Baby Boomer Women** is a great site founded by Dotsie Bregel, who is an OPN sister & friend! Also, she created the #1 site by Google for baby boomer women This is me & my passion helping Boomer/Midlife Women - great resource!

Adam Urbanski is the ultimate "rags to riches" guy. A poor immigrant, now raking it in! His programs are top notch! [Check him out!](#)

COMING SOON!!!

My **INNER Circle Success Coaching Gym™!** One of my goals is to build a membership community for folks who'd like Coaching but can't afford it. FR*EE 30-Day Trial Membership & after that 9.95/month! Hold me accountable! I'll be announcing it in the next issue!

'Til next time!

In Abundance!

Marcia, the Transition Chick!

Career/Life Transitions Coach

www.eCareerCorner.com

Fall in Love with Your LIFE & Your Work (in that order!)