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I read this and thought I'd share its wisdom with you!

The Ultimate Risk Taker

“A crab must cast off its carapace in order to grow. To refuse would be to strangle in the very shell it originally built to protect itself.”

We can be like that crab setting up defenses/barriers that impede/stop our growth. Often, we are not even aware of this, except your “shell” isn't protective anymore...its binding. This is a good indication that a change is in your future. Be it a new career, starting that business you always dreamed of, pursuing your passion/purpose or embarking on a career journey to assess/ uncover your interests, values, skills and talents.

Fall is in the air and the leaves are crunching underfoot. It is the beginning of a new school year and people often see it as a time of renewal-a perfect time to assess where you are and where you want to be...

Tired of being sick and tired? Do you find your job boring or unfulfilling? I offer a FREE 30 minute coaching consultation to see how coaching with me can benefit you! Who can use a coach? Everyone. For career coaching, life transitions, planning for future or retirement, and hone those necessary communications skills to succeed in whatever you choose to do.

I'm also a Certified teleleader and give teleclasses on Career Development & other related topics. Click on <http://www.teleclassinternational.com>. Search on **Marcia, Merrill**.

Alafia!

If you'd prefer not to receive this-just hit Reply and I'll take you off the list!

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