

eCareerChat-Marcia Merrill, Career/Life Transitions Coach

[www.ecareercorner.com](http://www.ecareercorner.com)

You're receiving this if you're a current, prospective or past client, those that signed up at various events I've attended and the attendees of my teleclasses as well as many in my numerous networks. As I do my final edit at 4am, I want this go to all of you **today**, I want to talk about excuses we may say to ourselves. You know, Procrastination! I try to keep it in check but sometimes, it rears its ugly head... A huge procrastination excuse is "I'm too tired or busy"-Ginny Robertson of On Purpose Networking for Women elaborated on why that's an "acceptable" excuse-gets us off the hook-we never have to try or be successful or go for that dream career/life! As a Career/Life Coach, I hear this from my clients...So, if you find yourself saying "I'm too tired/busy to think about my job/career/ direction, I'll be your cheerleader/catalyst & happy to work with you and increase the Career/Life Transitions & balance in your life.

I offer a FREE 30 minute consultation-Check out my web site at [www.ecareercorner.com](http://www.ecareercorner.com) Here's a quick way to help with decision-making-maybe leaving one career and starting your own business or making a career/life transition. Take a sheet of paper, draw a line down the middle and list all the reasons you should stay or go...Sometimes written evidence is compelling. Working with me as your coach, we'd develop an individualized action plan tailored to your unique needs.

Many of you may know about my bouts with health issues, in between, I'm a teleleader almost certified and offer FREE and FEE-BASED teleclasses-Go to [www.teleclassinternational.com](http://www.teleclassinternational.com) then, hit Search/ Courses- Marcia, Merrill to see my upcoming classes! I'm very excited and love teaching/interacting with the adult learners. Definitely makes me a better coach!

Happy 4<sup>th</sup>! Stay safe.

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Marcia

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Career/Life Transitions Coach

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If you'd prefer not to receive this-just hit Reply and I'll take you off the list! Thanks.